

SPOKE

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Conestoga College, Kitchener, Ontario

January 16, 1995

Inside...

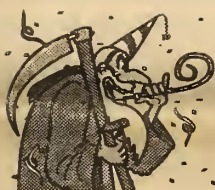
Health



Health services at Doon campus gives out about 1,500 free condoms per semester. Health services offers advice and information on birth control and family planning.

See page 3

Perspective

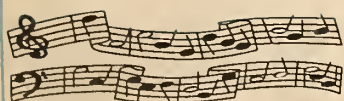


Major events from the past school year are highlighted in the first perspective of the new year. Also, a look ahead at the issues in 1995 with DSA elections and the Spoke subsidy.

See page 7



Entertainment



Veteran rocker Tom Petty's new album, which has overriding themes of love and freedom, is featured in a CD review. He's more mellow than ever.

The leader of the "new country" movement, Garth Brooks, is also featured with his new 18-track greatest hits CD.

See page 11

Students protest to support teacher

By James K. Leduc

Doon campus construction engineering students marched Dec. 16 to protest a part-time teacher not getting a full-time position with Conestoga College. It was missed by most of the student body due to Christmas holidays, but picket signs and chanting college students were seen by television viewers on the Kitchener TV station CKCO's evening news.

Ken Livy, a second-year construction engineering student said the battle is still being fought because Rebecca Cummings "had the gift to teach," and the excuses by the college administration "have as many holes as swiss cheese."

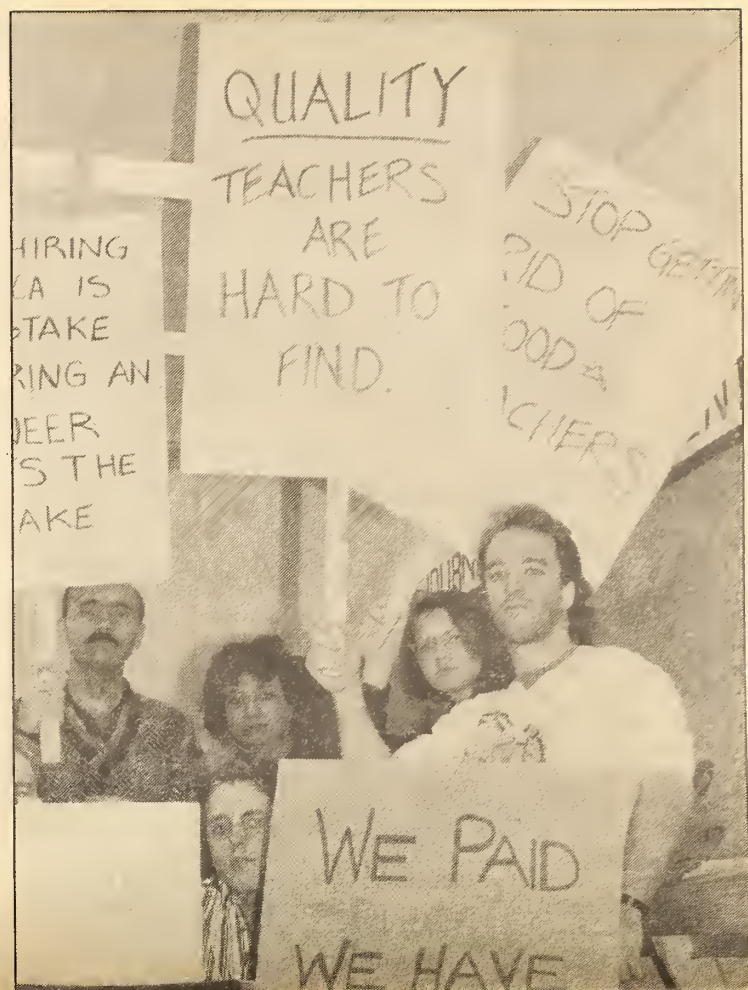
Livy said Cummings taught him physics, WordPerfect, Lotus and AutoCad and said her classes were always lively and informative. He said some of the students went as far as writing a couple of paragraphs on the back of a teacher evaluation stating how good her teaching skills were when they heard she was applying for a full-time position.

"Rebecca told us near the end of the semester she was no longer employed because she did not get the full-time position," Livy said. He said she applied for a full-time position that she was currently teaching part time, but did not get it because the administration said she was better suited to teach business at Conestoga, not construction engineering.

Livy said this response from the college was one that did not make sense, because it meant for the past year-and-a-half construction engineering students have been taught by somebody without the proper skills. He said his class and the class the year before might as well grab their diplomas and rip them up.

"When I was discussing this with my fellow students we realized we can throw our education in the garbage," Livy said. "I just spent half of my college career being taught by somebody who, according to the answers we were given by administration, was not qualified."

See Protest, page 4



Ken Livy (front right) and construction engineering students marched on Doon campus Dec. 16. (Photo By James K. Leduc)

Use of women's centre funds disputed

By Kelly Lewis

Despite previous articles in Spoke that announced Conestoga College had received an estimated \$5,750 grant to use in establishing a women's resource centre, only \$400 was spent on women's resource materials, according to the 1993-1994 Campus Safety for Women Grant's financial and descriptive report for Conestoga College.

Brenda Boomer, a Spoke reporter, wrote an article on Oct 3, 1994 titled, "Women's centre receives money but has yet to find home at college." In the article Marg Smith, a member of the women's resource centre committee, said that the women's centre received a \$5,750

grant to buy print, audio-visual materials and promotional brochures. Boomer said the financial facts in her article were never rebutted by anyone in management at Conestoga College.

Lisa Leachman, a third year broadcasting student who has been helping to establish the women's resource center, said she "is confused as to why more money was not spent on establishing a women's resource centre." She said at the college level, where there are women of all ages, there is a definite need of a support network. "Issues such as the job equity, sexual harassment, women's health and date rape are issues women need help in dealing with, but it seems that the College has a problem recog-

nizing that they are issues that need to be dealt with probably in the form of a centre."

Leachman mentioned the University of Guelph when referring to an establishment that has a women's centre. "I established a liaison with Guelph's women's centre, and according to them, their president's office and the students they are supportive of their women's centre." She describes the centre as a great support system for the women at the University of Guelph and said that Conestoga College should follow this lead.

In a letter dated Jan. 4, 1994, regarding Campus Safety for Women from the Ministry of Education to all of the presidents of Colleges

See Centre, page 4



Edith Torbay (left) and Linda Krotz, co-chairs for the United Way campaign, receive award for outstanding effort. (Photo by Kerry Masche)

United Way rewards Conestoga's campaign

By Kerry Masche

Conestoga College's United Way committee has received an award for its "outstanding" campaign effort in 1994 and for its "dedication and energy to our community."

A plaque inscribed with these words was presented to campaign co-chairs Linda Krotz, Doon campus administrator and manager of learning resource centres, and Edith Torbay, Conestoga's chair of business, at the "achievement breakfast" held at the Waterloo Inn on Dec. 16.

Sonia Kavouras, who had managed the Kitchener-Waterloo United Way for one year, said it was the first time the award had been offered, and that although it was presented to the campaign leaders, it was given in recognition of Conestoga College as an institution as well.

Kavouras said Conestoga was chosen for the award in the educational division because there was a marked increase in funds collected compared to 1993, and because Torbay and Krotz restructured the campaign by appointing committees.

"The ways they chose to run the campaign were all done properly and it really made a difference," she said.

See Campaign, page 4

SPOKE

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Canadians are falling through the cracks

It is a familiar situation; you are unable to find a job and your unemployment benefits are running out. Go on welfare right? Well, it's just not that simple.



By Venus
Cahill

There are many people in the Kitchener-Waterloo area who have become caught in the cracks of Canada's unemployment and welfare systems. These people are finding themselves in a difficult predicament: what do you do if you have no job and no assistance from your government?

What if you are in your forties, your children are now too old to be considered dependents and your spouse earns more than the government standard for assistance?

This is the time in your life when you are expecting to enjoy the fruits of your labor, not planting seeds in order to start all over again.

Day in and day out you are racked by worry over where the money will come from for the next car payment. Is there enough money in your bank account to cover the cheque you just wrote for rent? Will the quarter tank of gas be enough to last the week for your spouse to drive back and forth to work?

The doctor has told you must stop worrying or your upset stomach will develop a bleeding ulcer. How can you stop worrying when you know the mountain of debts keep getting higher?

You are reminded your last unemployment cheque was mailed a few days ago, you know it will be in your mailbox in a few weeks.

You notice you are becoming bitter and resenting every person you see. You think, "They must be better off than me." You find yourself reciting nasty letters in your head (and on occasion out loud), to every government official you have ever heard of.

Reality seems too distressing for you, but you know escaping into your own fantasy world will do more harm than good.

The Kitchener-Waterloo area has one of the lowest unemployment rates in Canada but that is no consolation for you. Our rate of 5.5 per cent (as of January 5, according to Statistics Canada) is in fact somewhat misleading.

Speak to the lady at the Kitchener Unemployment Information line and she will tell you the figure is the percentage of all people who are unemployed in the area.

Speak to a Cambridge Employment Centre caseworker and she will tell you the figure represents only those who are receiving unemployment benefits. She says in reality newspapers and television stations should in fact carry a disclaimer as the figure does not take into consideration those people who are ineligible for benefits and those whose benefits have expired.

I don't have a solution to this problem, I wish I did. Hopefully by writing this column it will get a few people talking and if people start talking maybe the government will listen and a solution will not be far away.

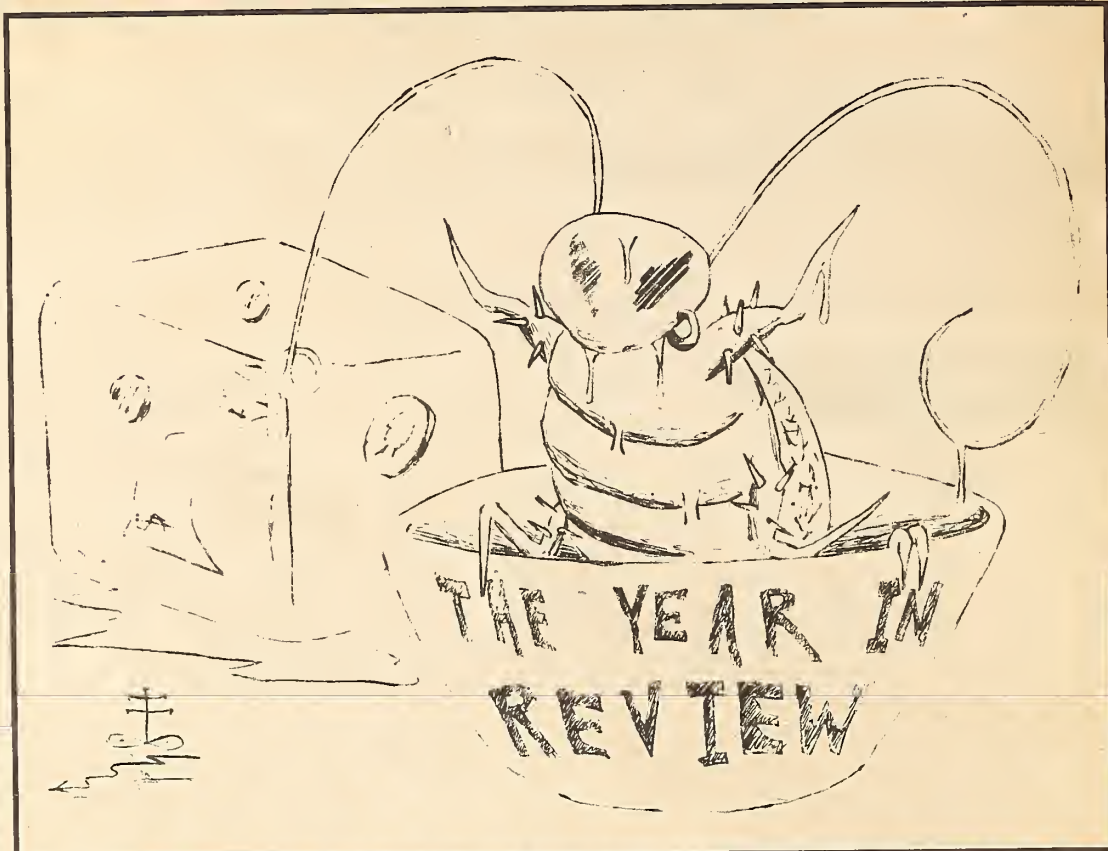
I hope by the time I am in my late forties and have been in the work force for some time, I will have something to look forward to rather than worry about.

Letters to the editor

Spoke welcomes all letters to the editor. If you have a beef, or an opinion, please send it in. Spoke reserves the right to edit letters to fit space, and to remove any libellous statements. Your letter must be signed, and include your program and year for verification. Send letters to the Spoke office, Room 4B15, Doon campus.

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OPINION



People need to lighten up and take a break

Early January is that alternately uplifting and depressing time between the making and breaking of New Year's resolutions. For a few stressful weeks (days?) thousands of us are miserable and depressed as we desperately strive to overcome our perceived flaws and foibles and struggle a little closer to perfection.

Of course, there are always those few admirable individuals who manage to keep their resolutions and go on to better, healthier and (maybe) happier lives.

But the vast majority of us soon realize those flaws are an essential part of ourselves. We accept the inevitable and return to life as it was last year. At least we tried. And who wants perfection anyway?

Early January is also the time when many students, while not making it an official resolution, resolve to buckle down and work a little harder.

Maybe it's the weather or last semester's marks. Maybe it's because there are no arcade machines available in the student lounge or because graduation is just a little closer.

Whatever the reason, many plunge headlong or feet-first into their studies while promising themselves this semester will be different.

There is nothing wrong with this resolution. The only thing that worries me are students who forget to schedule some time for recreation, because without sched-



By Kim
Breese

uled playtime, the hours filled with stress and studying become overwhelming.

It has been suggested that students are forced to work as hard as possible to get a job when they leave school. This might be true, but everyone

needs some balance in life.

I know there are always deadlines to be met, but there will always be deadlines of some sort in our lives — work assignments to be done, promotions to be earned, bills to be paid. We cannot postpone our fun and relaxation to some future date when life will be easier, because that day will never come.

Someone once suggested that life is like a train ride. Instead of always waiting impatiently for the train to reach its destination, we should be enjoying the scenery along the way.

Chances are when we look back some time in the future, we'll wish we had more memories than blurs of work and assignments.

I know it is not easy trying to relax when the work piles up. I'm in the fishbowl too. But I have come to realize that no one is going to tell me to take some time off and have fun. If we don't make the time, we are not going to get it.

So go ahead and work hard and study hard, but make some time for relaxation. There is one resolution that should not be that hard to keep.

Schools should teach students all cultures

Christmas has come and gone for another year. Yet, somehow I feel my seven-year-old son is missing out on the participation of what Christmas really means.

Josh looks forward to Christmas just as any other child does. However, he misses out on anything holy that Christmas stands for. Not at home, there he learns, but at school there are no Christmas plays, or religious celebrations.

Unfortunately, some Canadians think that to keep peace with all the different cultures and religions, Christian practices must be dropped from all the public schools.

When decisions like these are made it makes a lot of people angry and in some cases it causes discrimination. Some people feel they lose part of their own culture to satisfy another.

I am not angry, just confused.

Maybe the school board is making a mistake. Just because some people do not celebrate Christmas, it



By Brenda
Boomer

does not mean they should take it away from those who do.

If the schools allowed children to celebrate their cultures in the classroom everyone would benefit. Our children would learn about other cultures and society would be less prejudiced.

Prejudice, in my opinion, is the largest form of ignorance known to man. People who are prejudiced lack knowledge. Knowledge and schooling go together, therefore, it is only reasonable that prejudice should be eliminated at every level in the schools.

It is about time people stopped fearing different cultures and started to learn about them.

When a child describes his or her

culture, it would mean more than reading about it from a text book.

People should not feel threatened by any form of religion. Those who do not believe in any religion should be permitted to state so, give their reasons, and have society accept those reasons. We would be a more open-minded civilized nation if we could not only accept other cultures, but take the extra effort to understand what they mean and why.

Education should make us intelligent, yet many intelligent people still hate others. They are so blinded by hate that they don't even try to learn what it is that they hate.

If the school system encouraged the young to explain what culture their family comes from, maybe then we could end discrimination that exists in this country.

It would be nice to hear a child reprimand a parent for being prejudiced and become the one who teaches the parent knowledge.

Campus Comments

What do you think about Rogers negative billing and recent proposal changes?



I think people got overly upset. CD companies do this thing all the time. All you have to do is call them if you don't want it.

Darcy Dufresne
First-year graphic arts

They backed out and they should have. We should always complain instead of just accepting what is forced on us.

Wendy Cumming
General arts and science



People are finally willing to fight big companies who try to take advantage of their position.

Antoinette Angelino
First-year general business

It wouldn't affect me; we had it cancelled before they introduced the rate increase.

Alan Rudan
First-year mechanical engineering



It has no bearing on me, I have MacLean-Hunter, but if they tried it I would cancel.

Steve McRodan
Second-year materials management

I disagree completely with what they have tried to do. If I had Rogers I would cancel it immediately.

Mike Fletcher
Second-year materials management



They're trying to take advantage of us. But I would still subscribe, it's not that much of an increase.

Mike Eichler
Second-year materials management

I don't care. It's just a few extra dollars a month and I would really miss daytime TV.

Charlene Campbell
First-year CPA



It happened suddenly, they shouldn't just spring these things on people.

Michelle Barnes
Second-year business management

I don't watch enough TV to put up with an increase. The new channels are no better than what we already have.

Indra Persaud
First-year accounting



Ideas? Are there questions you would like answered? Spoke welcomes suggestions for Campus Comments. Bring suggestions to the Spoke office at room 4B15 or call Spoke at 748-5366.

Birth control is available

By Kelly Lewis

Health services at Conestoga College can help students protect themselves from sexually transmitted diseases and pregnancy.

Marilyn Fischer, Conestoga College's nurse and representative for the college on the Aids Advisory Committee, says health services provides free condoms for all students. "There is a jar of condoms available for students in the office, they just have to come and get them," Fischer says that student services hand out approximately 1,500 free condoms per semester. She says the advantage of a condom is that it protects against STDs and pregnancy, and the disadvantage is that some people may have an allergic reaction to latex causing infection.

The pill, the most popular form of birth control for women, is not given out at student services, but Dr. Jody Wang in health services will write prescriptions for it, says Fischer. She says that the pill is covered under the student drug plan and if used properly, is 99 per cent effective.

Fischer says that Dr. Wang will also fit female students for diaphragms and cervical caps, but the actual product must be purchased at a pharmacy. The failure rate of these two devices is five per cent but there are some advantages. "When used with

nonoxynol-9 jelly or cream, these barrier methods provide protection from some STDs," Fischer says that not one student in her 10 years of experience as a nurse at the college has ever asked to be fitted for one.

The Sexual Health Program information booklet says that contraceptive foam, combined with the use of the condom or diaphragm not only decreases the chance of pregnancy, but protects against STDs.

A recent development in birth control is a capsule called Norplant, inserted under the skin in a woman's arm. It is more than 99 per cent effective against pregnancy, says the maker in its information booklet. Fischer says the capsule does not protect against STDs and is not covered under the student drug plan.

Joanne Enders, a public health nurse at the Sexual Health Program says Norplant costs \$500 and that "because it is a new drug not all doctors will preform the procedure yet."

Another form of birth control is the intrauterine device which is more commonly called the IUD. Fischer says this form of birth control in not covered by the student drug plan, and although is it 99 per cent effective in preventing pregnancy it does nothing to protect against STDs.

Fischer says that Dr. Wang will also give counselling on natural

family planning, and sterilization.

Students have not been making inquiries about the other forms of contraceptives that have not yet reached the Canadian market such as the female condom, the male hormonal pill, the disposable diaphragm, or the polyurethane condom, says Fischer.

Enders says that although the female condom is available in the United States it is not yet on the market in Canada. "The testing in Canada is pretty stringent and time-consuming when bringing in a new product." "Most of us have only seen a photo of the female condom," Enders expects that this product will be in Canada soon and said she was surprised it was not here earlier.

Enders says the male hormone pill is being tested in Europe right now "which probably means it won't come to Canada for the next 10-20 years." This pill lowers the male's sperm count to permit sex without fear of conception, she says.

The polyurethane condom, which has an increase in durability and sensation in comparison to the latex condom, was introduced in the United States in 1994 but has yet to come to Canada, says Enders.

She says studies have yet to begin on the disposable diaphragm.

Fischer says she encourages students to come in and ask for advice on these issues.

DSA nominations start Jan. 30

By Patti Harding

It's almost time for the poster war to start again. DSA elections are coming up fast and the students of Conestoga College should be ready to have their eyes dazzled and their senses numbed by the school walls.

When someone wants to be nominated there are many procedures that they have to follow, but the best thing for perspective candidates to do now is to start thinking about their campaigns. The nominations for candidates start on Jan. 30 at 9 a.m. and will end at noon on Feb. 9.

Election procedures, and proce-

dures that a DSA executive will have to follow if elected, are yet to be announced and should be prepared by next week, DSA president, Sabina Kampf said. Due to some of the DSA members being sick this week the executive hasn't had a chance to work on the procedures and rules yet, she said.

After the nominations, campaign week starts. From Feb. 11 to Feb. 17, candidates will put up their posters, recite their speeches and introduce themselves to the student body of Conestoga.

The speeches will be held on Feb. 16 at 12:30 p.m.

Students will line up at the ballot

boxes from Feb. 20 to Feb. 23 to vote for who will hold the positions on the 95-96 DSA executive of president, vice-president of operations and vice-president of student affairs.

On Thurs. Feb. 23, the counting of the ballots will take place and the voting results will unofficially be in on Feb. 23 or Feb. 24. The student body will know who their new executives are for the 95-96 school year in the week of March 6.

Corrections

In the Jan. 9 issue of Spoke Janko Peric's name was misspelled. Spoke regrets the error.

Winter Carnival POLAR PLUNGE

Take the Plunge

Thursday, Feb 2

12 noon

Doon Pond



PARTICIPANT PRIZES!

Sign up forms & pledge forms available at the DSA Activities Office

Proceeds to the Heart & Stroke Foundation



2,000 Conestoga College students entitled to OSAP

By Kim Breeze

Lineups for loan documents at the registrar's office were lighter than expected the first week of January, said college registrar Betty Martin. She estimated about 2,000 campus students were entitled to receive OSAP instalments.

Although people were lined up to the front door of the Student-Client Services Building on the first day of the semester, processing time was short, said Martin, and the line moved quickly. On Tuesday the office processed 250 people. By Wednesday morning there were only a half dozen people waiting in the office. "I anticipated that we'd be busier today, but I guess people are tied up in class," said Martin on Wednesday.

She said she hoped students would pick up their documents promptly because the staff is already looking ahead and starting

the work necessary to ensure funds are available for students in September.

Martin does not foresee any major changes to the funding system before next September despite revisions suggested by Human Resources Minister Lloyd Axworthy.

She said the province needs time to bring resources into place and effect changes such as computer adjustments.

"Ontario was not able to implement a lot of the recommendations that came in," said Martin. "There wasn't enough lead time. Otherwise, we would have had students without money in the fall. So, things like looking at assets and that type of thing will not, to the best of my knowledge, be happening in the 1995-96 academic year."

Martin notes one upcoming change this year will be pre-printed application forms for returning stu-

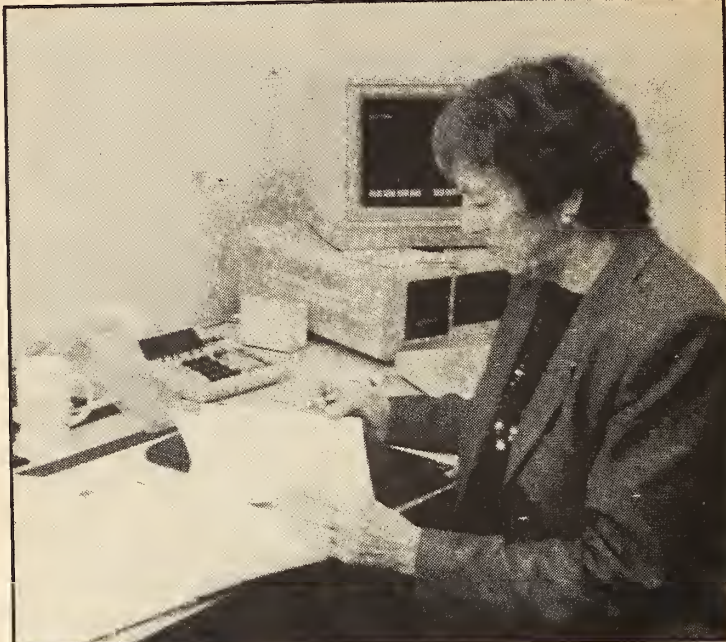
dents.

If students do not have any changes in their program or marital status, Martin said they have only to verify the information, fill in their estimated summer earnings and send the form back. "Once those applications come, I encourage students to complete them and send them back to the ministry as quickly as possible."

Anyone who still wants to apply for OSAP for this semester can still do so, said Martin, but should expect a wait of 6-8 weeks while the forms are processed.

If students who receive OSAP run out of money during the semester, they can contact the registrar's office.

"They can talk to us, and we can look at the policy and we can look and see whether there is anything more that we can get for them," said Martin. "But if they receive full costs there is very little we can do."



Betty Martin, College Registrar, studies her work at her office in the Student-Client Services Building. (Photo by Kim Breeze)

Ministry suggests college create a women's centre

From page 1

and provincially assisted universities, the Assistant Deputy Minister of Anti-racism, Access and Equity Division, Ouida M. Wright, suggested that "if your institution does not have a women's centre, support to establish one should be considered." Wright also said "the ministry would like to see a focus this year on support to existing women's centres."

John MacKenzie, vice-president of student development and human resources at Conestoga College, said that the shortage of space for the women's centre played a role in the financial decisions about the women's centre. "There was reluctance to give money to a club that had not yet found a space in the college."

MacKenzie said that he supports the idea that women have needs and issues that do need to be addressed,

but is unsure how to raise awareness.

He said, "In my mind, is it better to create an awareness in an open, overall way, or is putting a boundary around a group, the best vehicle to raise awareness of women's issues in the college. Maybe we could benefit from both ways, I don't know."

MacKenzie referred to schools in the United States. He said many of the schools had created clubs to raise awareness of important issues, and that the intent was good, but that this sometimes created a negative result such as segregation.

Conestoga College has applied to the Ministry of Education's special grants fund again this year to receive funds for a women's centre. The maximum they can receive is \$1,500, said Karen Wheeler, a team leader on the Access and Equity Team for the Ministry of Education and Training in Ontario.

Plaque awarded for college campaign

From page 1

Kavouras said by distributing the workload instead of trying to do everything themselves the way previous chairs had, Krotz and Torbay created an effective campaign strategy.

"Two co-ordinators can't do it all," she said. "Committees are a vital part of success."

Conestoga's campaign raised \$24,447, which is a 12.7 per cent increase from last year's total of \$21,041.

Kavouras said the college's efforts contributed to the overall success of the United Way campaign throughout the K-W area. The agency's campaign total increased six per cent in 1994 to \$4.1 million compared to \$3.8 million the year before. "This is the first time we've gone over the \$4 million mark, and with the help of Conestoga College we've been able to do that," she said.

Torbay, who is also a member of the board of directors for the Cambridge United Way, said she became involved with the campaign because it was her way of giving back to the community in a non-

monetary way.

"People should give in a general sense," she said, "not just with money."

Krotz said she also felt it was important to become involved with the community and that the campaign was a "good opportunity to gain knowledge and experience."

Torbay said as co-chairs, Krotz and she tried to involve as many members of the college community as possible. She said this was done not only by involving volunteer staff and students in various committees such as special events, but by striving to create more awareness across campus.

Torbay said Dress Differently Days scheduled to take place throughout the school year have helped in that area. Three have already taken place. The first was held Oct. 17, which was the date of the campaign kickoff, the second Oct. 31 and the third, Nov. 25. Two more are still to come on Feb. 14 and March 31.

Although Chairs for next year have not been chosen yet, Torbay said the key factor to another successful campaign will be to start planning as early as possible.

DSA remedies those homework blues

By Dan Wettlaufer

After two weeks of Christmas holidays, the Doon Student Association (DSA) has a month of entertainment delights for the students at Conestoga to help take away the homework blues.

Jan. 17 marks the first tournament at Conestoga in '95. Starting at 11:30 a.m. in the student lounge euchre fanatics can partake in the noon-hour euchre tournament. On Jan. 23, the first pool tournament of the year gets underway in the student lounge.

Students can sign up for tournaments in the lounge or the DSA activities office.

Every Monday is Movie Madness Day in the student lounge.

Students can enjoy their favorite flicks and popcorn every Monday on the schools' new big screen television set.

Psychic and paranormal expert Dan Valkos will be lecturing and entertaining students Jan. 25 during the DSA's free nooner in the main cafeteria. Valkos has taught extra sensory perception (E.S.P.) development classes at various colleges and universities across North America for a number of years, hosted a weekly television show from '82-'84, produced and marketed a number of self-help tapes and written and published two books.

Wayne Hepburn, from the University of Guelph, said in a press release "Dan combines his

knowledge of the paranormal with heavy doses of humor."

Jan. 30 starts off the DSA's week long Winter Carnival '95. The days activities include Movie Madness in the student lounge and a Family Feud Tournament in the main cafeteria.

The musical comedy group Bowser and Blue, perform a free nooner in the main cafeteria Jan. 31. The DSA will be providing free sno-cones for students.

Feb. 2 at high-noon, some brave Conestoga students will take the Polar Plunge in the Doon Pond. Free apple cider and hot chocolate will also be available.

The Dating Game ends the week long activities at 11:30 in the main cafeteria.

Protest against administration

From page 1

Grant MacGregor, principal of Doon campus, said he would not comment on the Cummings situation because he was still in the process of working on it, and said questions should be direct to John MacKenzie, vice-president of student development and human resources.

Livy said Cummings modified the physics textbook to the construction engineering course and printed up an outline of the textbook for student use.

He said the college should try harder to keep teachers who go to this extreme to help students understand. "We got 89 signatures on a petition from construction engineering students back in December to try to help Cummings keep her job," he said.

Lively said administration told him the decision was a "done deal." He said students were tired of being "snowballed" by administration so they called CKCO-TV news and made signs to picket the front of the main building in Doon campus.

Lively said they asked MacGregor to come outside to respond to the picketing students' concerns but said MacGregor refused.

Dan Valkos

Psychic & Paranormal Expert

"Dan combines his knowledge of the paranormal with heavy doses of humor"

Wed, Jan. 25

12 noon

Main Cafe.



CONGRATULATIONS CONESTOGA!

YOU DID IT!

This year the Conestoga College community pulled together and surpassed last year's United Way donations! Our campaign this year was a great success: We raised \$24,447.79 - a 12.7% increase over last year! Thanks to everyone who volunteered and to everyone who donated to this worthwhile cause.

The College United Way committee would also like to thank President Tibbits and the OPSEU Presidents, John Berry and Ann Wallace for their generous support to our campaign.

Congratulations, Everyone!
You should be proud!

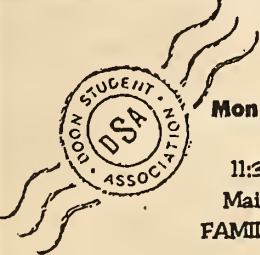
*We want to hear from
YOU!*

*Any comments, suggestions, or questions
are welcome!*



Drop off your comments to the Suggestion Box located on the Door of the DSA Activities Office (in main Caf) The DSA will respond to

Winter Carnival '95



Mon Jan 30

11:30 am
Main Cafe
FAMILY FEUD

*Sign up your
Family at the
DSA Activities
Office*



Tues. Jan 31

12 noon
in Main Cafe
Free Nooners

featuring
**BOWSER &
BLUE**

*Entertainment
at its Best!*

Wed. Feb. 1

2:00 pm
Free Skating
at Recr Centre

3:00 pm
Co-ed
**Sno-Pitch &
Road Hockey**
Tournaments

3:00 pm
Roost Party

*Sign up at the
DSA Activities
Office*

Thurs Feb 2

12 noon
**POLAR
PLUNGE**

1:30 pm
Plunge Party
at Roost

*Sign up at
DSA Office*

*Proceeds to
Heart & Stroke*

Fri. Feb 3

12 noon
in Main Cafe
**The DATING
GAME**

5:00 pm
Pre Game Party
at the Roost
*Entertainment by
Jeff Tanner
7:00 pm
CONDORS vs
Cambrian*

*Draw for trip
to Daytona*

Attention Students From Other Cultures

You are invited to join a "Multicultural Student Group." This informal group will meet several times this semester and provide you with the opportunity to:

- * meet other students in the college
- * share experiences you have had
- * support one another
- * practise English in an out-of-class-setting

How to join: Interested students should set up a 30 minute meeting with Carol Gregory in Student Services (Room 2B12) in the first 2 weeks of January. Please bring a copy of your January timetable. I look forward to meeting you!

Carol Gregory
Doon Student Services

Board of Directors Notice of Meeting

**Tuesday, January 24
4:15 pm
Room 1B30**

If unable to attend please
see Dee Dee at the DSA
Admin. Office (outside
Student Lounge)



PRESCRIPTION DRUG CARDS

Your prescription **DRUG CARDS** are available for pick up at the DSA Administration Office (outside the student lounge)



Please have your student card available

Lunch Hour Euchre Tournament

**Tuesday, January 17
11:30 am - 12:30 pm
Student Lounge**

FREE ENTRY
Sign up at the DSA
Activities Office or
Student Lounge



Conestoga in focus

Meyer too old to learn



First-year engineering students Robert Dedman (left) and Stan Szarek work together on some homework Dec. 6 in the Doon learning resources centre.
(Photo by Blake Patterson)

Checking the books



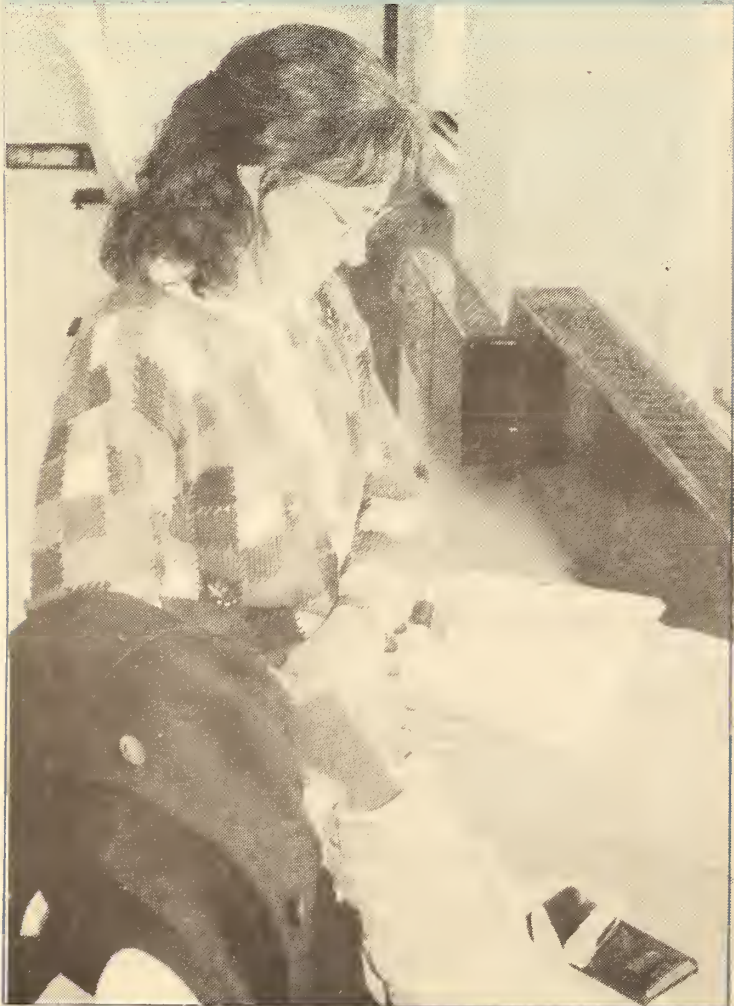
Deanna Ciuciura, DSA vice-president of operations, looks over plans for the up-coming year.
(Photo by Mark Waddell)

Back to the books



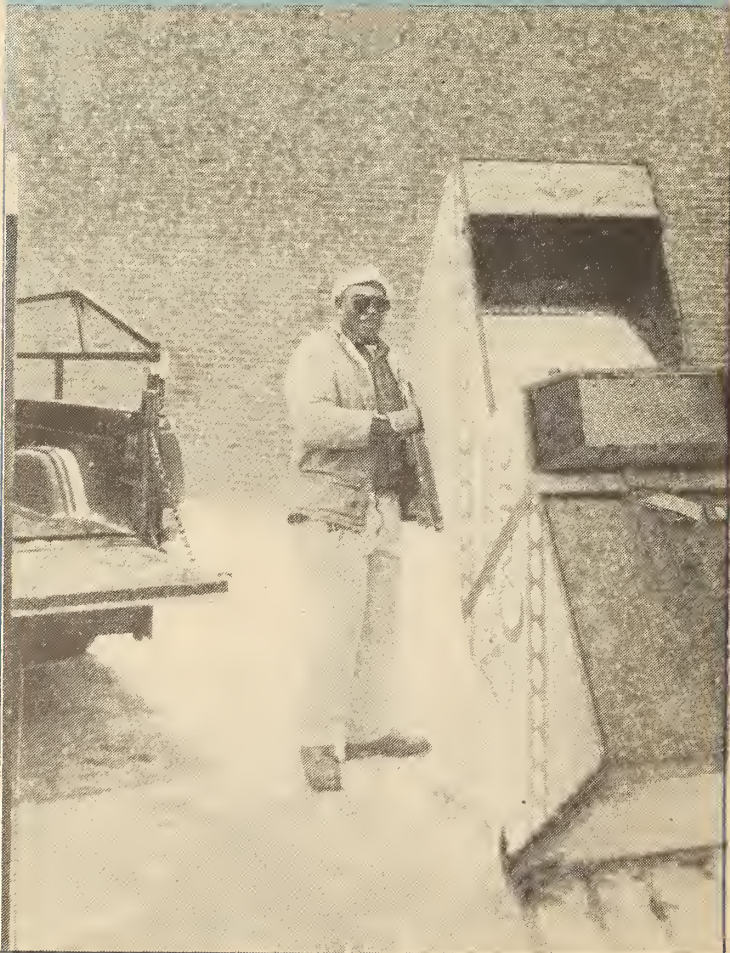
Second-year management studies student Souad Fairhain completes some statistic homework in the Doon student lounge Dec. 6.
(Photo by Blake Patterson)

Leisure time



Liz Zintz, a first-year practical nursing student, takes time out of her classes to read her book.
(Photo by Blair Matthews)

Out with the old



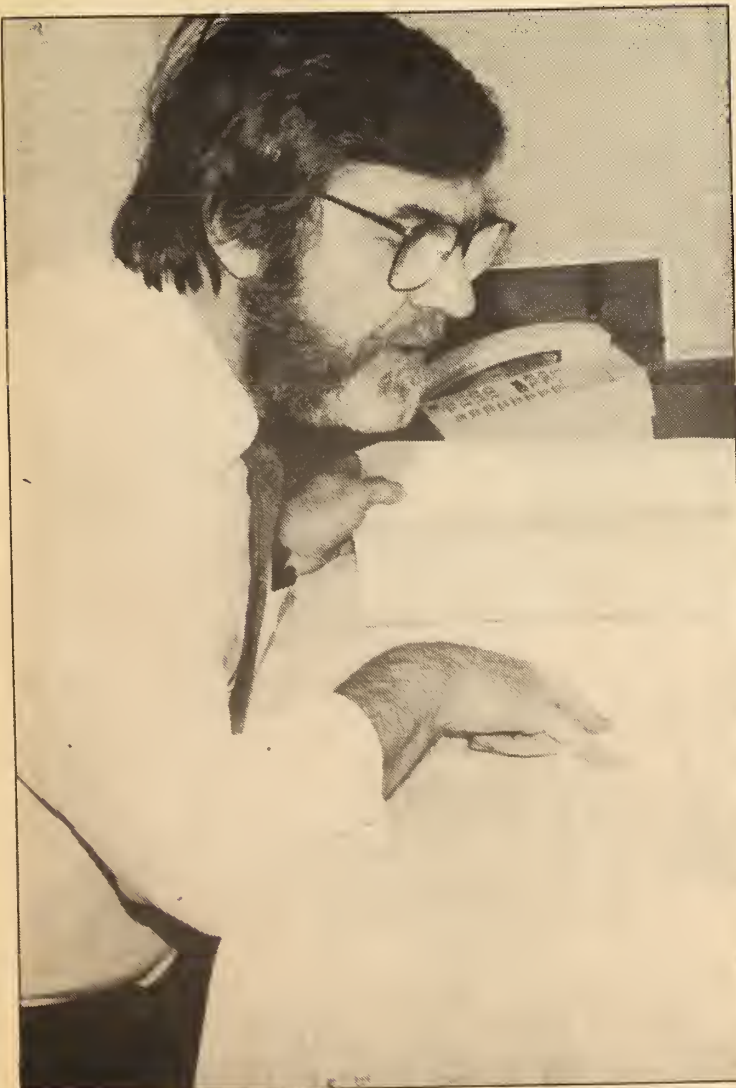
Winston Robinson, of the Chonarnic company in Toronto, exchanges video games for the Doon student lounge Jan. 6.
(Photo by Brenda Boomer)

Perspective

Year in Review \ Year Ahead



Shawn Brenner of High-Point Steel working on the new business building on Jan. 5.
(Photo by Kelly Spencer)



Dave Putt, physical resources director, looks over plans for the new business building on Jan. 5.
(Photo by Mark Waddell)

Out with the old

By Kelly Spencer and Mark Waddell

The fall semester at Conestoga was a period of controversy and contribution.

It saw the birth of new developments and opportunities, and most importantly, promises of many great things to come in '95.

DSA hosts first shinerama

DSA raised over \$1,500 for cystic fibrosis in Conestoga's first shinerama on Sept. 10.

Close to 40 students participated, washing cars, cleaning windows and shining shoes for donations.

Construction begins

Construction began on Conestoga's new \$4 million school of business Oct. 3.

The building, which is about 40,000 square-feet, was partially funded by the college's campaign fund, with remaining funds coming from provincial and federal governments.

Spoke banned

Rodeway Suites' student council banned Spoke reporters from its meetings, arguing that its constitution allows such action and that councillors would feel uncomfortable arguing in front of the press. Bob Pettit, council vice-president also complained of last year's inaccuracies in Spoke.

Spoon or fork?

Cafeteria controversy was sparked in November when a student found a cockroach in her soup. Paul Stone, manager of food safety

for Waterloo Region community health unit, said there is a zero tolerance for insects.

The last inspection was in 1993 and the next one will be held as soon as an inspector becomes available.

DSA responds to vandalism

The DSA closed the student lounge for 24 hours on Dec. 14 as a result of continued vandalism.

The main problems were with the games and garbage.

Vandals stuffed newspaper into foosball tables and the pockets of pool tables.

Also, a car was vandalised on Oct. 25, in Lot 2.

Speakers were stolen and the rear window was smashed.

Dave Putt, Conestoga's director of physical resources, estimated costs are between \$8,000 to \$10,000 annually in unnecessary maintenance and repairs to college property.

Frozen funds

The DSA received written confirmation as to exactly what space, in terms of square feet, students will get for leisure time once the business wing is completed.

The DSA initially held off making a \$33,000 payment to the college out of the capitol development fund after a Nov. 15 meeting.

At the meeting DSA president Sabina Kampf said the DSA wanted contributions to build a student centre.

She said the college's response was not to have a student centre, but to give the students some space in the new business wing in return for money.

... And in with the new

By Kelly Spencer and Mark Waddell

DSA elections

Nominations for candidates for the DSA elections will be open Jan. 30 until Feb. 9. Campaign week will run Feb. 13-17. Voting will take place from Feb. 20-23.

Spoke's fate to be decided

An open forum for students will be held this semester to decide whether a referendum is necessary to determine if the student body will continue to fund Spoke. The decision was made during a closed-door session of the Nov. 22 board of directors meeting and were made public at the DSA executive meeting Nov. 29.

Business wing to be completed

The new \$4 million business building is scheduled for completion this summer for students starting classes in the fall.


Upcoming DSA activities

Jan. 12 nooner — ESP extraordinaires, Jeff and Tessa
Jan. 20 — Blue Mountain ski trip
Jan. 25 — psychic Dan Valkos
Jan. 31 — Bowser and Blue comedy musical show
Feb. 9 — comedian Carl Strong
Feb. 10 — Holiday Valley, N.Y. ski trip
Feb. 14 — bus trip to see Detroit Pistons vs. New York Knicks
Feb. 15 — Rock'n Bowl
March 9 — professional regurgitator, Stevie Starr
March 30 — Conestoga country night
April 3 — Springfest week
April 13 — annual awards banquet



Construction continues throughout the year on the new Conestoga College business building, scheduled for completion by fall of 1995.
(Photo by Kelly Spencer)

**Mondays are
Movie Madness
Days in the
Student Lounge**

All Day, Every Monday!

Check it out!

Election '95

**CHIEF RETURNING
OFFICER**

**Required to run the
1995 DSA Election**

**Apply by
Wednesday, January 18
to Deanna at the DSA
Administration Office**

The CRO will receive an honorarium
upon completion of his/her duties

Pool Tournament



Week of January 23

Free Entry

**Sign up at the DSA Activities
Office or
the Student Lounge**



**Attention
Graduating Students**

Grad Photo Time

Graduation Photos will be taken

February 6 - 9

February 13 - 16

**Sign up your class by
Friday, January 20**

**More information available at the
DSA Activities Office.**

CAREER CORNER *Submitted by Marilyn Snyder*

Full-time Related Jobs

Now is the time to start watching the Student Employment job boards and binders for full-time positions. Remember, Job Boards and Binders are located at Guelph and Waterloo campuses as well. Keep in mind, a lot of jobs are not advertised. Tips on Resume Writing, Cover Letters and how to Uncover the Hidden Job Market are only a few of the hand-outs available in the Student Employment office, Room 2B13, inside Door 4, Doon campus.

Summer Jobs

Don't wait till spring to commence your Summer job search. Employers are already sending us job postings. For a complete listing of summer jobs, check the Summer Job Binder in

Room 2B13, Doon campus or in Guelph/Waterloo Student Services. Remember, deadlines for some positions are fast-approaching.

COLLEGE/UNIVERSITY 1995 JOB FAIR

Plan to attend JOB FAIR '95 on Wednesday, February 15, 1995 - 10:00 to 3:30 Bingham Conference Centre, Kitchener co-sponsored by Conestoga College, University of Guelph, University of Waterloo and Wilfrid Laurier University. Admission is free and transportation is available and free from Doon campus. The Student Employment office can inform you of the employers attending the fair.

**Just what you need to
Survive Winter!**

Winter Survival Kits

on Sale Now

\$22

Available at the DSA Activities Office

**Get yours
before the
BIG FREEZE!**



Doon winter carnival events set, polar plunge included

James K. Leduc

Doon Student Association (DSA) members of the 1995 winter carnival committee met Jan. 5 to discuss events for this year's week-long celebrations.

Jacki Allin, vice-president of student affairs, Shelley Kritz, director of public relations, and Patrick Moules, activities assistant attended the meeting to help Becky Boertien, activities co-ordinator, plan the carnival that will run from Jan. 30 to Feb. 3.

Carnival committee members are thinking of having ballots at the events this year to win a trip, to Daytona Beach to promote student involvement, Boertien said.

Monday, there is a family feud planned in the main cafeteria with questions about winter. Some of the topics will be winter sports and DSA winter activities Kritz said. Jamie Proudfoot, DSA entertainment assistant, will host the show. Boertien said the family feud show has been popular in the

past with the student body.

Tuesday Jan. 31 there is a free nooner scheduled in the main cafeteria with Bowser and Blue, a Canadian comedy and musical duo. Boertien said she is trying to get a sno-cone machine for this event.

Feb. 1 there is a snow-pitch tournament scheduled for the afternoon along with a road hockey tournament. Prizes for the winning teams will be given out at the Roost party that follows both events, Boertien said. The snow-pitch tournament is planned for the soccer field and the road hockey games are going to be played around the ramp area that leads into the Kenneth E. Hunter Recreation Centre. The carnival committee hopes to get the KOOL-FM van to blast tunes that afternoon they said.

The Roost might have a hot-dog or a barbecue that afternoon and the DSA might have Krazy Karpets on top of the hills around the recreation centre. Boertien

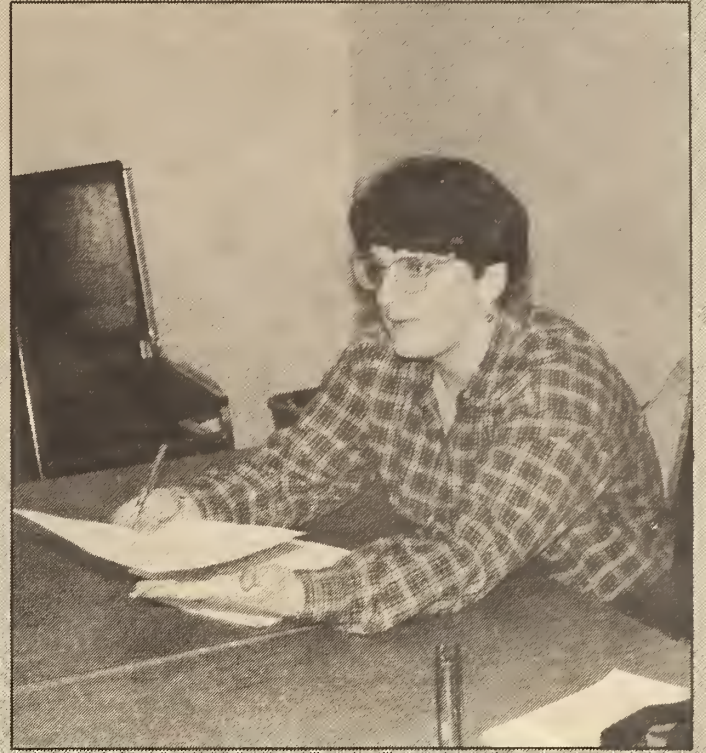
said there is a free skate in the recreation centre at 2 p.m.

Kritz said Thursday the main event of the winter carnival, the polar plunge, will be at noon on the pond behind the main cafeteria.

The event usually attracts the local media, she said because all benefits go to the Heart and Stroke Foundation. This year the entry fee to jump into the water through a hole cut in the ice is \$10. Last year the entry fee was \$5.

The last day of the carnival is Friday, Boertien said. At noon there will be a Dating Game show in the main cafeteria. She said the premise is like the old TV show where guys and girls ask each other questions to see if they can win dates with each other.

At 5 p.m. there is a pre-game party at the Roost before the varsity hockey game against the Cambrian College team. Manager of the recreation centre Dan Young said there might be free hot dogs to anyone in attendance.



DSA activities co-ordinator Becky Boertien discusses activities with the winter carnival committee. (Photo by James K. Leduc)

Student wins \$200 Award for Christmas card design

By Brenda Boomer

Conestoga College student Christine Fraser, won a \$200 award and a one-year subscription to Step By Step design magazine for designing a Christmas card for The Walter Fedy Partnership Architectural firm in Kitchener.

Fraser, a second-semester graphic design and advertising student, won the award during her first semester.

According to a news release, the architectural firm sponsors two children from Ecuador through The Foster Parents Plan of Canada.

Each year they send a corporate Christmas card, with information on the two sponsored children, designed by a student in the graphic

design and advertising program at Conestoga College.

Fraser said she was shocked to find out that she had won the award.

"There's a lot of good stuff in this class," she said.

The design on the card was a collage of Santa Clauses that started small but got bigger and bigger, said Fraser.

She said the card took approximately one month to complete. Fraser took art through high school, but was not sure if graphics design was what she really wanted to do.

"I applied for it (program) and when I came for the interview everyone was so friendly and it was really interesting. As soon as I had the interview, I knew I wanted to come here," she said.

Alumni candy guessing successful

By Blake Patterson

Even if they have to give away candy to get people's attention, the Conestoga College Alumni Association is going to stand up and be noticed.

As part of Conestoga's Christmas celebration, the association held a "candy guess" draw in December to increase awareness of the alumni association's activities while not incurring any costs on the students.

According to the manager of alumni services, Mary Wright, the plan worked. Wright said that the association was happy with the response which the candy draw achieved. In particular, she said she noticed a drastic difference in the number of guesses entered for the second week of the draw in which the response more than doubled from the previous week.

Wright said she wants Conestoga students at all stages of their training to be aware of the opportunities available to them through the alumni job network.

On Dec. 5, the association started its "Deck the halls with alumni sweets" campaign. For the first three weeks, staff and students guessed at the number of candies inside a jar in the display near Door 4.

Entries were free and the contestants who guessed closest to the actual number of jarred candies in each of the Friday draws won an alumni sweatshirt, a pair of alumni boxer shorts and an alumni-association mug as well as a jar of treats. "We wanted to do something which was fun and wouldn't cost the students any money," Wright said. "It was pure good will."

Despite the fact all Conestoga graduates become automatic members of the alumni association, Wright said convocation is the first time many graduates become aware of the 35,000-member Conestoga alumni.

The winner of the Dec. 9 drawing was first-year electronics engineering technology student Stephen Fung who guessed 175; six less than the 181 candies actually in the jar. Early childhood education student Lucy Pereira won the second week with a perfect guess of 187, and Kathleen Pleau, a pre-health student from general arts and science, guessed 86 to be closest to the actual 70 candies in the third week's draw.

Santa advertised the draw on CRKZ, but the jolly old elf had some voice coaching from KOOL-FM's Tim Goebel who is a 1981 graduate of Conestoga's broadcasting radio-television program.

Election '95

State your candidacy
for the DSA Executive

POSITIONS AVAILABLE

President
Vice President of Operations
Vice President of Student Affairs

NOMINATIONS OPEN

Monday, January 30, 9:00 am

to

Thursday, February 9, 12 noon

Nomination Forms and more
information available at the
DSA Administration Office



Co-Ed Road Hockey Tournament



Winter Carnival
Road Hockey Tournament

Free Entry!
Great Prizes!

Wed. Feb. 1

3:00 pm - 5:00 pm

Recreation Centre



Sign up your teams by Fri. Jan. 27
at the DSA Activities Office

SPORTS

Seven Condors on All-Star Team

By Jennie Richardson

The first annual Ontario Colleges Athletic Association All-Star hockey game held Jan. 7 at the Kenneth E. Hunter recreation centre showcased the talents of the league.

Seven Conestoga Condors made the roster, as well as head coach Ron Woodworth.

Condors Rob Asselstine, Jamie Hooks, Darrin Kinnear, Dave Long, Brian Park, Joel Washkurak, and Scott Ballantyne, were teammates of the Costello All-Stars.

The 37 players were selected from the nine colleges of the OCAA and divided into either the Jack Costello Division All-Stars or the Howie Parker Division All-Stars.

The Costello All-Stars were the first onto the scoreboard, with a shot into the top left of the net by Jon Stos. Sault Cougar Jody Wilson scored for Parker halfway through the first to tie the game.

Long of the Costello All-Stars, scored with three minutes left in the opening period.

Seconds later Condor Washkurak and Jarrett Eligh nabbed the first penalties of the game, each for a stick infraction.

Kevin Rooney was first to the net in the second period and a minute later, Gleason put Parker up by one point.

Matt McGuffin and Marcus Middleton each scored for the Costello shifting the lead to their favor.

Entug Gunhan scored for Parker and then the Conestoga line got in on the action. Washkurak passed to Long who then fed Kinnear for the marker with only 44 ticks remaining in the second period.

The teams vied for control up until the third period, then Costello took off scoring two goals seconds apart early in the third, one of which was scored by Condor Asselstine.

Heavy pressure on both teams' netminders eventually lead to Stos's second goal of the game.

Costello would score three goals before Parker came alive when Gleason scored his second of the game.

Long scored his second on the day for Costello, then Paul Sin Farosa and Kevin Rooney each scored for Parker with Mike Matier putting one in for Costello.

With two minutes left, Gleason closed the gap to two points. Chris Petry scored the last goal of the game with six seconds left, making the final score 10-9 for the Costello Division All-Stars.

Parker All-Star and game MVP Gleason, bagged a hat trick and two assists and Costello All-Star Long, scored two goals and one assist.

Parker Division and Algonquin

The Magnificent Seven

By Mark Waddell

Conestoga nabbed the most positions on the Jack Costello Division All-star team, who were coached by Ron Woodworth, head coach of the Condors. Woodworth grouped Condor forwards and defence-man together, which allowed the Condor players to gell, and contribute with timely goals. Although there are no statistics available for this season, the players' statistics for the 1993-94 season were as follows:

Forward Dave Long, nicknamed the "Doug Gilmour" of Conestoga, won the top scorer award for the OCAA last year. He had 28 goals, 35 assists, totalling 63 points.

Forward Joel Washkurak had 14 goals, 28 assists, totalling 42 points. This year he was named male athlete of the week in Spoke for the week of Nov. 21-27 after assisting on six of eight Condor goals in an 8-2 win over

Niagara College.

Forward Darrin Kinnear contributed 10 goals, 12 assists totalling 22 points and this year was named athlete of the week from Nov. 14-20 after a hat-trick against Cambrian College.

Defenceman Rob Asselstine's consistent blueline play cast him onto the all-star game. Last year he scored twice and added four assists, for six points.

Forward Brian Park scored a whopping four goals against the Algonquin Thunder Dec. 10 and was named male athlete of the week. Last year he had two goals and six assists totalling eight points.

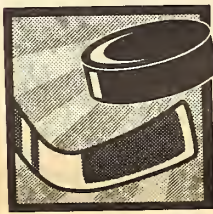
Goalie Scott Ballantyne, always steady between the pipes, was named male athlete of the week from Oct. 31 to Nov. 6 after he played an exceptional game against the Waterloo Warriors on Nov. 2.

Defenceman Jamie Hooks, had solid blueline play which cast him onto the all-star team.

College coach Blake Callaghan said the All-Star game was mainly to about skating and puck-handling ability and body contact was kept to a minimum with all teams in the

league having regular season games remaining.

Costello MVP Long said, "I thought it was a good, fun game and that's all anyone was out here for."



Rob Asselstine



Scott Ballantyne



Jamie Hooks



Darrin Kinnear



Dave Long



Brian Park



Joel Washkurak



Official-Languages Monitor Program

Do you want to help teach English or French on a part-time or full-time basis?

You can apply under the Official-Languages Monitor Program to be an English or French-language monitor during the 1995-96 academic year.

If your first language is English, you will help an English as a second language teacher in a school, college, or university usually outside your home province. You will help francophone students learn more about the English language and culture.

If your first language is French, you will help a French as a second language teacher or work with a teacher in a French-language school, college, or university, outside your home province. Some francophones will be assigned to institutions in their home province.

Part-Time Monitor

You will work between six and eight hours a week for eight months. You will earn \$3,500. You may also receive a travel allowance for one return trip between your home and host province.

Full-Time Monitor

You will work 25 hours per week for nine months. You will earn \$11,400 and receive a commuting allowance of up to \$1,080. You may also receive a travel allowance for two return trips between your home and host province as well as a moving allowance of at least \$300.

Eligibility

To be eligible, you must be a Canadian citizen or permanent resident and have completed at least one year of postsecondary studies by the end of the 1994-95 academic year. Part-time monitors must be enrolled in a postsecondary program on a full-time basis during their monitorship.

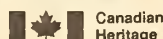
Apply Now!

Go to the placement office of your institution to obtain an application form, a brochure and a list of placement centres (see the Ontario Circular). Send your duly completed application form to your nearest placement centre as indicated in the Ontario Circular by February 17, 1995. Incomplete or late applications will not be considered.

You can also write to:

Provincial Co-ordinator, Monitor Program
Ministry of Education and Training
Curriculum and Assessment Team
16th Floor, Mowat Block, Queen's Park
Toronto, ON M7A 1L2

The Official-Languages Monitor Program is funded by the Department of Canadian Heritage and administered by the Ontario Ministry of Education and Training in conjunction with the Council of Ministers of Education, Canada.



Council of Ministers
of Education,
Canada

Pool Tournament



Friday Jan. 27

at 1:00 - 3:00



1st Prize: Pool Cue

Second Prize: \$25



Entry Fee: \$5



SIGN UP AT THE CONDOR ROOST

ENTERTAINMENT

Rocker Tom Petty mellow out

By Patti Harding

Artist: Tom Petty
Album: Wildflowers
Performance: Mellow
Hot Spots: You Don't Know How It Feels
Bottom Line: Lay back and relax

Move over Simon and Garfunkel, Tom Petty is here and he's more mellow than ever.

With more than 80 per cent of the album's songs written by Petty himself, this album shows he still has the magic and ability to take listeners to his own little dream-land.

Making it onto Q107's "Top 10 at Ten" within weeks of the album's release, You Don't Know How It Feels is one of the many highlights of this album.

The catchy lyrics, along with

Petty's ability to write songs about how the average person feels, allow him to pull off a mellow album in the age of hard alternative and dance music.

Although many of the songs talk about love and freedom, Wildflowers is not the typical album that contains a lot of mushy love songs.

The album breaks past this heart-ache facade of the collective love-song album with the title track Wildflowers and It's Good To Be a King."

It's Good To Be a King talks about how nice it would be to be a king for a while and always be high and in the limelight. The song conveys the message that you can have dreams of the impossible, but that you shouldn't be too disappointed if they don't come true.

Along with the theme of love and freedom, many songs deal with

fantasies and dreams.

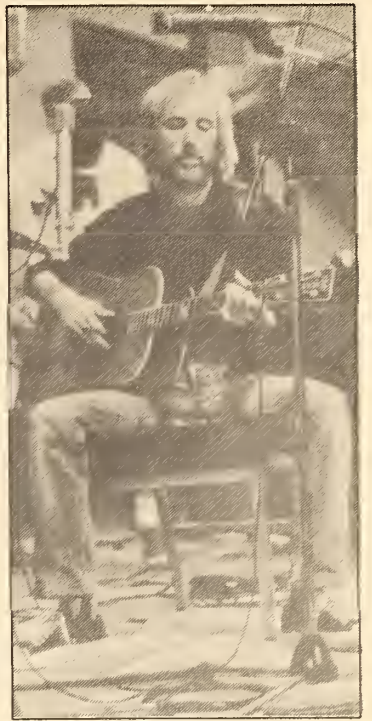
Wake up time shows people that they should follow their dreams even if they don't know what lies ahead.

Obviously, Petty himself, has taken risks in following his dreams and although they may not turn out as planned, the risks are always worth taking.

Tom Petty has certainly evolved quite a bit over the years and as anyone should be able to see, it is definitely for the better.

Wildflowers appeals to young and old and gives a new meaning to the name Tom Petty and the Heartbreakers.

For someone who is a fan of slow, mellow music, Wildflowers is an excellent pick. But for those whose taste in music is anything but mellow, the album comes with a strong recommendation for a taste test.



Garth Brooks, New Country's vocal hero, sings the hits

By Venus Cahill

Artist: Garth Brooks
Album: The Hits
Performance: Garth Brooks at his best
Hot Spots: Callin' Baton Rouge, The Thunder Rolls, We Shall Be Free
Bottom Line: You'll come away humming the tunes all day

There is a different type of music on the airwaves nowadays and it has been dubbed "new country".

New Country has been riding huge waves of both popularity and success, and this can all be credited to Garth Brooks, the man who has brought it into the household of millions of North Americans.

This new brand of music has jumped into the lime-light with the ferocity that the Rock and Roll of Elvis and The Beatles has been credited with in the past.

Brooks has broken down the barriers which have embodied just who is considered the traditional country music fan.

Brooks appeals to young and old, city slickers and country folk. His greatest hits album is a compilation of the songs that have made him one of the biggest stars in the music industry today.

This 18-track collection is filled with a mixture of buoyant and powerful songs from his five previous albums.

It starts with the fast paced Ain't Going Down ('Til the Sun Comes

Up) and ends with the thought-provoking tune, The Dance.

Brooks combines good old fashioned country twang, with a mixture of the usual country songs about "cheatin', lyin', lovin' and losin' (Friends in Low Places), with songs that deliver pensive messages that may bring tears to your eyes.

No doubt the best single is, We Shall Be Free. In one three minute song Brooks combines all the issues plaguing us today.

With an upbeat sound and an almost gospel rhythm, problems are listed in secession from peace, racism, politics, religion, greed, poverty, inter-racial relations, homosexuality and immortality.

Surprisingly, this song was not as

big a commercial success as most others in the collection, but it raised controversy which led to the video being banned.

Not all of the songs on this album have intense messages, many are just pure entertainment — such as, American Honky-Tonk Bar Association and Two of A Kind Working on a Full House.

For those interested, there is a brief biography accompanying each song.

This selection will appeal to those of you who have grown up with the sounds of The Eagles and Kiss, for these are the artists who helped Brooks shape his musical career.


Anyone thinking about giving new country a try should give this album a listen.




Sign up in
Activities
Office



60 game scores available
 Sign your name on one (1) of the
 spots and you may win!
 Entries close Fri. Jan 27
 or when all scores are taken.
 Entry \$2.00 Grand Prize \$120
 (\$120 dependant on full entry)




Cash
Only!



Tuesday, February 14
Tickets: \$30
 includes ticket & transportation
 Sign up at DSA Activities Office
 by February 10

Coachline will depart from
Doon Campus Door 4 at 3:00 pm



Co-Ed

SNO-PITCH TOURNAMENT

Winter Carnival
Sno-Pitch Tournament
Wed. Feb. 1
3:00 pm - 5:00 pm
Recreation Centre

Sign up your
team by Fri. Jan.
27 at the DSA
Activities Office






Comedy, music and wit go hand-in-hand

By Kelly Spencer

The Barenaked Ladies wrapped up their 22-date Canadian tour, promoting their latest album, *Maybe You Should Drive*, at the Centre in the Square in Kitchener Dec. 19.

Before the show I asked bassist Jim Creeggan if he and the other members still get the pre-show jitters. "Nervous? No, I wouldn't say we get nervous. However, I must say I'm a little anxious tonight. I think they (the stage crew)

have something planned for us."

And they did. Anyone vaguely familiar with the Ladies will know that it has become an audience-involvement ritual for the group to be pelted with Kraft Dinner during their performance of the previous album hit, *If I Had A Million Dollars*, the cue coming at the lyrics, "if I had a million dollars, we wouldn't have to eat Kraft Dinner." The crowd assumed their positions...

Suddenly, what seemed to be an endless flood of the macaroni delight poured down from the light gallery above the stage, covering the startled band and sending the audience into peals of laughter.

Such is the atmosphere at a Barenaked Ladies concert, where improvisations are masterfully carried out and comedy and music go hand-in-hand.

Balancing previous material with tracks from the new album, the Ladies gave a tight, and above all, entertaining performance. It doesn't take a die-hard fan to enjoy an evening out with the Barenaked Ladies.

And as if their own

music isn't wacky enough to draw a smile out of each and every face in the large crowd, the Ladies specialize in making sport of cover songs and musical improvisations. In this performance, they masterfully reproduced an exaggerated version of the Beastie Boys' *Shake Your Rump*, and The Knack's *My Sharona*, complete with synchronized choreography.

Their independent EP, released in 1990, was the only indie-recording in Canada to ever reach gold status (over 50,000 copies sold).

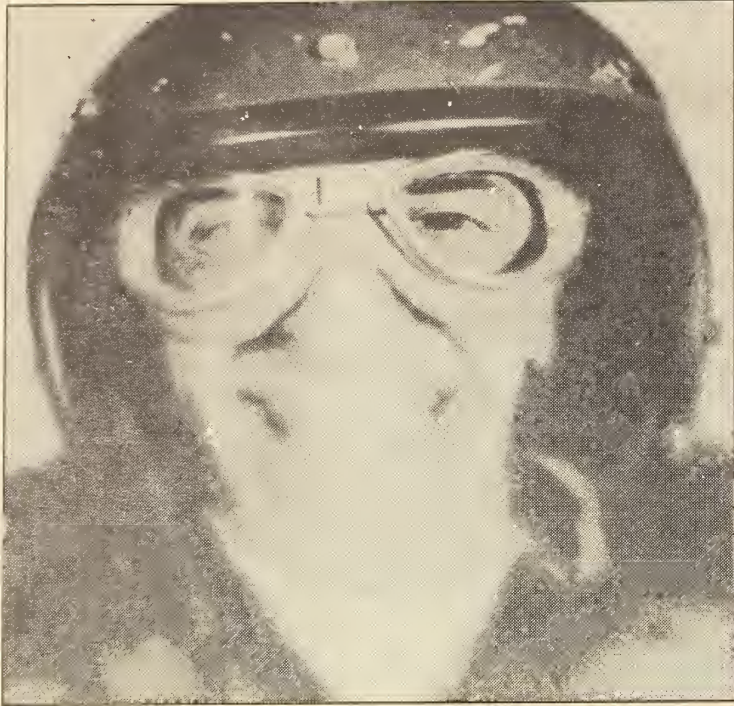
Signing with Sire Records a year later, their major label debut, *Gordon*, sold more than 800,000 copies in Canada and produced four hit singles. It also won them the Juno Award for Group of the Year in 1993.

And while the new album has been described by some as being more "serious", guitarist Ed Robertson insists that the Ladies' latest is "more honest".

Admittedly, the newer material has lost the blatantly goofy demeanor which hurled the band into the spotlight four short years ago.

While the live show is solid, and perhaps more professional, it has by no means lost the zaniness and wit which make the Barenaked Ladies the highly respected and much adored band they are today.

What is most striking about seeing them live is the obvious enthusiasm and zeal the Ladies reflect in their music and performance. The audience can see that these five talented musicians are genuinely enjoying the show as much as the audience itself. Their energy is truly contagious. And after three encore performances the crowd finally let the boys head back to Scarborough.



Pearl Jam churns out another classic with Vitalogy

By Kelly Spencer

A funny thing happens to bands that get devoured by mass popularity. Somewhere between the first bite of recognition and the designation of a "larger than life" status, everyone but the band itself begins drawing up the blueprints for its future. It seems that the disinclined Lord of Grunge, Eddie Vedder, is either being jostled by millions of adoring fans or scrutinized for each move he makes and each ditty he sings.

Some bands crack under the pressure and some bands thrive. And some bands turn that confusion into a classic album.

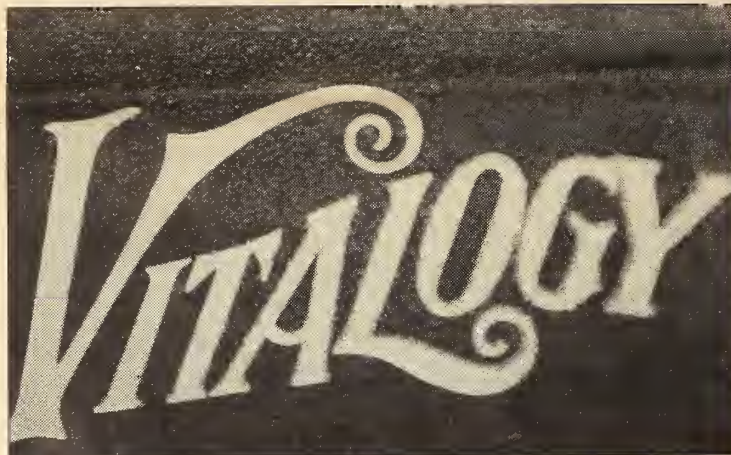
Vitalogy, Pearl Jam's third and best album, will remain a force to be reckoned with long after Vedder's kewpie-doll looks rub off of the hearts of pre-pubescent girls, and plaid and corduroy no longer impress 15-year-old bad asses.

Alongside the garage-band grime of tracks like "Spin the Black Circle" and the misfit melodies of

"Last Exit" and "Tremor Christ", there rests a musical treat on *Vitalogy* which listeners of the previous albums would have thought impossible for the intense Vedder to pull off. "Bugs", a goofy little tune, featuring Vedder on accordion, rambles on in spoken-word about the anxieties of living with spiders.

However, shadowy themes of betrayal, responsibility and failed love still dominate the album. In the pensive tracks, "Nothingman" and "Betterman", Vedder sings of the selfish destruction the male characters bring to their relationships with women.

The mounting fury of "Not For You" and the rebellious challenge of fame found in "Corduroy" wrap up an album which is far more inviting to the listener than the previous records. In comparison to the fluency of the sound and style of the earlier albums, *Vitalogy* is sort of like a jigsaw puzzle which is better left in pieces. The music is solid but still allows plenty of room for personalization and interpreta-



tion.

Pearl Jam's adamant anti-commercialism attitude, which sparked with the refusal to release a video to support the last album, *Vs.*, remains with *Vitalogy*. There are no plans for a video and no plans for a glitzy world-wide tour. Vedder confided to *Spin* magazine that he hopes to play some small, unannounced gigs in Seattle, Oregon, Alaska and Canada.

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